

It can be different...

Our philosophy of care,  
The Eden Alternative,  
believes that Elderhood is  
a period of continued  
growth and development,  
rather than decline.



Join us to have fun  
and make a difference!



**Eden Gardens**

Compassionate Dementia Care

Nanaimo Travellers Lodge Society

*Providing quality  
compassionate care  
to seniors since 1979*

For information visit:  
[www.edengardens.ca](http://www.edengardens.ca)  
1917 Northfield Road, Nanaimo  
Or call Carolina 250 760 2639



ALTERNATIVE®

Proud Eden Registry Member.

**Volunteer at  
Eden Gardens**

“NO ACT OF KINDNESS,  
NO MATTER HOW SMALL,  
IS EVER WASTED.”

-AESOP-



Membership  
TOOL  
KIT



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# Volunteering at Eden Gardens



Run by volunteers, our bistro is a central hub where the Elders can share stories, have a snack, shop in the gift shop and enjoy each others company.

Make a real difference, bring your passion and skills to help our residents live full and abundant lives.

Volunteer opportunities for both youth and adults include:

- Visiting
- Assisting with recreation programs
- Doing crafts
- Baking
- Hand massages
- Short walks
- Watering gardens with residents
- Playing cards and games
- Assisting residents with pet care
- Playing music and/or singing

Adults can additionally volunteer with:

- Outings
- Meal assistance
- Music programs using iPods



You can also share your talent or learn a new skill!