

# Eden Gardens



# Recreation Calendar - First Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Manicures (Cypress)  1:30 Sunday Service (United)	2 10:00 Spa Treatments(Douglas) *Art With Lesley 1:30 Wheel Of Fortune	3 10:00 Crafts (Balsam) *Art With Lesley *Gardening With Kelly 1:30 Bean Bag Twister	4 10:00 Trivia(Cypress) *Gardening With Kelly 1:30 Hymn Sing Along	5  10:30 Daycare Visit (Douglas) *Gardening With Kelly 1:30 Bingo 2:30 Refreshments	6 10:00 Bowling  1:30 With Canadian Suite	7 10:00 Ball Toss (Balsam) Music With Aishling 1:00 Balsam 2:00 Douglas 3:00 Cypress
8 10:00 Ball Toss (Cypress) 1:30 Sunday Service (Baptist)	9 10:00 Story Telling (Douglas) *Art With Lesley 1:30 Bocci Ball	10 10:00 Spa Treatments (Balsam) *Art With Lesley *Gardening With Kelly 1:30 Charades	11 10:00 Men's Coffee Group(Cypress) 10:00 Chair Yoga With Laura(Cypress) *Art With Lesley Gardening with Kelly 1:30 Hymn Sing Along	12 10:00 Fitness Hour (Douglas) *Gardening With Kelly 1:30 Resident Council Meeting	13 10:00 Bowling 	14 10:00 Time With Marni (Cypress) 1:30 Baking (Cypress)
15 10:00 Crafts (Douglas) 1:30 Sunday Service (Lutheran)	16 10:00 Reminiscing (Balsam) *Art With Lesley 1:30 Doug M On Guitar 	17 10:00 Storytelling (Cypress) *Art With Lesley *Gardening With Kelly 1:30 Laughter Yoga With Linda S.	18 10:00 Men's Coffee Group (Bistro) 10:30 Tamera On Guitar (Douglas) *Art With Lesley Gardening with Kelly 1:30 Hymn Sing Along	19  10:00 Putting (Balsam) *Gardening With Kelly 1:30 The Accordion Band 2:30 Refrershments	20 10:00 Bowling  1:30 With Silver & Gold	21 10:00 Fitness Hour (Cypress) Music With Aishling 1:00 Balsam 2:00 Douglas 3:00 Cypress 1:30 Karaoke Fun
22 10:00 Time with Marni (Douglas) 1:30 Sunday Service (Salvation Army)	23 10:00 Manicures (Balsam) * Art With Lesley 1:30 Dour M On Guitar	24 10:00 Spa Treatments(Cypress) *Art With Lesley *Gardening With Kelly 1:30 Paradise Isle Doing a Sing-A-Long	25 10:00 Men's Coffee Group(Cypress) 10:00 Pumpkin Carving (Cypress)  *Art With Lesley Gardening With Kelly 1:30 Hymn Sing Along	26 10:00 Card Bingo (Balsam) *Gardening With Kelly 1:30 Storytelling With Chuck H.	27 10:00 Bowling 	28 10:00 Ball Toss (Cypress) 1:30 Paws & Pals Halloween Pet Parade 
29 10:00 Bocci Ball (Douglas) 1:30 Hymns With Eleanor & Friends	30 10:00 Card Making (Balsam) *Art With Lesley 1:30 Sandi Doing An Elvis Show	31  10:00 Manicures (Cypress) *Art With Lesley Gardening with Kelly 1:30 Halloween Music With Alan M.			**All Activities Are Subject To Change Without Notice	1:30 Activities Are Held in the *Activity Room upstairs unless indicated otherwise
					**Activity Phone # 2348 Down 2349 Up	